

## Breastfeeding Resource Guide Northland Kansas City Area

### Breastfeeding classes

#### Saint Luke's Health System

Breastfeeding Basics

Various times and locations offered – see website

[https://classes.saintlukeskc.org/weblink/classes/search//1/\\$Subtype=MATPT\\$City=Kansas%2520City](https://classes.saintlukeskc.org/weblink/classes/search//1/$Subtype=MATPT$City=Kansas%2520City)

#### Liberty Hospital

Breastfeeding Basics

Various class dates and times

2525 Glen Hendren Drive, Liberty, MO

[www.libertyhospital.org/Classes](http://www.libertyhospital.org/Classes)

#### North Kansas City Hospital

Birth and Beyond-Class 2 Breastfeeding

2800 Clay Edwards Drive, Kansas City

Various class dates and times

[www.nkch.org/classes-events](http://www.nkch.org/classes-events) or call (816) 691-5179

#### Clay County Public Health Center

Breastfeeding 101

800 Haines Dr. Liberty, MO 64068

(816) 595-4293

Last Wednesday of the Month 10:30 a.m. Conference Rm. #2

[www.clayhealth.com](http://www.clayhealth.com)

### Support Groups

#### La Leche League of Greater Kansas City

Phone help or meeting locations call 816-361-0909

[www.llofgreaterkc.org](http://www.llofgreaterkc.org)

#### North Kansas City Hospital

2800 Clay Edwards Drive, Kansas City, MO 64116

(816) 691-1690

Tuesdays 11-12:30 p.m. Frontier Room

[www.nkch.org/services/womens/services/maternity/lactation](http://www.nkch.org/services/womens/services/maternity/lactation)

#### Priority Care Pediatrics

9405 N. Oak Trafficway, Kansas City, MO 64155

(816) 412-2900

Thursdays 3:30-5 p.m.

<https://pcpeds.com/services/lactation-services/lactation-support-group/>

#### Priority Care Pediatrics (Liberty)

1540 NE 96<sup>th</sup> Liberty, MO 64068

(816) 412-2900

Thursdays 10-11 a.m.

<https://pcpeds.com/services/lactation-services/lactation-support-group/>

#### Liberty Hospital

2525 Glen Hendren Drive, Liberty, MO 64068

Wednesdays 1-3 p.m. Education Center

(816) 792-7219

[www.libertyhospital.org/Classes/Courses/BirthingCenter.htm#Course BreastfeedingSupportGroup1](http://www.libertyhospital.org/Classes/Courses/BirthingCenter.htm#Course%20BreastfeedingSupportGroup1)

**Saint Luke's Health System – North**

5800 NW Barry Rd, Kansas City, MO 64154

Wednesdays 11 a.m. – 12:30 p.m.

Entrance #3, Classroom #3

(816) 880-2746

**Redwood Pediatrics**9151 NE 81<sup>st</sup> Terrace, Kansas City, MO 641581<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Thursday Evenings 6-7:30pm

(816) 207-0070

**Goodlife Nutrition Health & Wellness**

Breast Friends

6230 NW Barry Rd. Kansas City, MO

1<sup>st</sup> Saturday of every month 10:30 a.m. – 11:30 a.m.

(816) 541-3896

**Clay County Public Health Center WIC**

800 Haines Dr, Liberty, MO 64068

1<sup>st</sup> & 3<sup>rd</sup> Thursdays 1-3 p.m.

(816) 595-4293

**Uzazi Village**

Chocolate Milk Café

4232 Troost Ave, Kansas City MO 64110

4<sup>th</sup> Saturday 10:00 a.m.-12:00 p.m.

(816) 541-3718

**Meritas Health Pediatrics**

2700 Clay Edwards Dr., Ste. 500, North Kansas City, MO 64116

1<sup>st</sup>, 3<sup>rd</sup>, and 5<sup>th</sup> Wednesdays of the month 5:30 p.m – 6:30 p.m.

(816) 691-4097

**Professional Support****Pediatric Care North**

8781 N. Platte Purchase Drive, Kansas City, MO 64155

(816) 587-3200

[pediatriccarenorth.com/Pages/PCN-Services-Lactation.html](http://pediatriccarenorth.com/Pages/PCN-Services-Lactation.html)**Priority Care Pediatrics**

9405 N. Oak Trafficway, Kansas City, MO 64155

(816) 412-2900

[pcpeds.com/index.php/lactation](http://pcpeds.com/index.php/lactation)**Meritas Health Pediatrics**

2700 Clay Edwards Dr., Ste. 500, North Kansas City, MO 64116

(816) 691-4097

**Women, Infant and Children's (WIC) Supplemental Food Program**MO: [www.health.mo.gov/wic](http://www.health.mo.gov/wic)

(800) 392-8209

WIC Supports  
Breastfeeding!**Clay County Health Department**

800 Haines Drive, Liberty, MO 64068

M-F 8-4;30 p.m.

(816) 595-4358

**Breastfeeding After hours Support Line**

Available M-F 4:30-10p.m. &amp; Sat. 8-10 p.m.

(816) 516-1012
<b>Redwood Pediatrics</b> 9151 NE 81 <sup>st</sup> Terrace Kansas City, MO 64159 (816) 207-0070
<b>Platte County Health Department</b> 1201 East Street, Parkville, MO (816) 587-5998
<b>Uzazi Village</b> Breastfeeding Clinic 4232 Troost Ave, Kansas City MO 64110 Free, open to the public, no appointment necessary Mondays, Wednesdays and Fridays 9:30 a.m.-4:30 p.m. (816) 541-3718
<b>S.E.L.F (Support, Educate, Lactating Families)</b> Breastfeeding support by call or text (816) 635-0522 (leave message)
<b>Breast Pumps</b>
<b>North Kansas City Hospital</b> 2800 Clay Edwards Drive, Kansas City, MO (816) 691-5177 <a href="http://www.nkch.org/services/womens/services/maternity/lactation">www.nkch.org/services/womens/services/maternity/lactation</a>
<b>Liberty Hospital</b> 2525 Glen Hendren Drive, Liberty, MO (816) 792-7219
<b>Priority Care Pediatrics</b> 9405 N. Oak Trafficway, Kansas City, MO (816) 412-2900 <a href="http://pcpeds.com/index.php/lactation">pcpeds.com/index.php/lactation</a>
<b>Breastfeeding Books for Mom</b>
The Womanly Art of Breastfeeding <i>8<sup>th</sup> Revised Edition. LLLI, 2010</i>
Nursing Mother, Working Mother <i>Gale Pryor 2007</i>
Great Expectations: The Essential Guide to Breastfeeding <i>Dr. Marianne Neifert 2009</i>
Breastfeeding. A Parent's Guide <i>Amy Spangler, MN, RN, IBCLC. 9<sup>th</sup> Edition. 2010</i>
The Breastfeeding Mother's Guide to Making More Milk <i>Diane West &amp; Lisa Marasco 2009</i>
Mothering Multiples: Breastfeeding & Caring for Twins or More <i>K. Gromada 3<sup>rd</sup> Ed, 2007</i>
<b>Breastfeeding Resources- Internet</b>
Find a Lactation Consultant in your area <a href="http://www.ilca.org">www.ilca.org</a>
Evidence-based information on breastfeeding <a href="http://www.kellymom.com">www.kellymom.com</a>
Secrets of Baby Behavior <a href="http://www.secretsofbabybehavior.com">www.secretsofbabybehavior.com</a>
Biological Nursing <a href="http://www.biologicalnurturing.com">www.biologicalnurturing.com</a>
Returning to work <a href="http://www.workandpump.com">www.workandpump.com</a>
Dr. Jack Newman's breastfeeding resources <a href="http://www.breastfeedinginc.ca">www.breastfeedinginc.ca</a>

La Leche League	<a href="http://www.llli.org">www.llli.org</a>
Web Forum- Breastfeeding discussions	<a href="http://forums.llli.org/index.php">forums.llli.org/index.php</a>
Dr.Thomas Hale's Infant Risk Center-drug information	<a href="http://www.infantrisk.com">www.infantrisk.com</a> or call 806-352-2519
National Breastfeeding Helpline	<a href="http://www.womensealth.gov">www.womensealth.gov</a> or call 800-994-9662
<b>Breastfeeding Phone Apps</b>	
LactMed	
Breastfeeding Solutions by Nancy Mohrbacher	
Coffective	
MommyMeds	
MOMents for Moms by MOMcircle	
Milk Maid	
<b>State Breastfeeding Coalitions</b>	
<b>Maternal &amp; Child Health Coalition of Kansas City</b> 6400 Prospect Ave. Suite 216, Kansas City 64132 (816) 283-6242 <a href="http://www.mchc.net">www.mchc.net</a> <a href="mailto:info@mchc.net">info@mchc.net</a>	

Revised 12/12/2019 AJ

12/12/2019