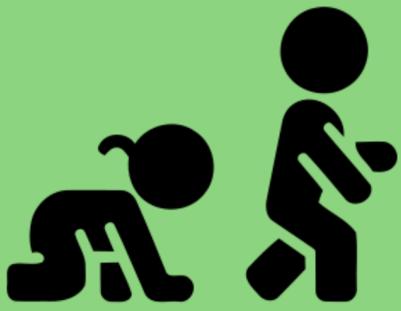


MEASLES VACCINES... ...and when to get them.



The **MMR (measles, mumps, and rubella) vaccine** is a vaccine that provides a **lifelong immunity** against three highly contagious viral diseases.



CHILDREN AGED: UNDER 12 MONTHS

- Children **6 - 11 months** of age, should only be vaccinated in **special situations** such as **international travel**.
 - **First dose**, before departure.
 - **Second dose**, 4 weeks later.



CHILDREN AGED: 12 MONTHS - 6 YEARS

- The **first dose** should be given at **12 to 15 months** of age.
- The **second dose** should be given at **4 to 6 years** of age.



ADULTS: 18 YEARS AND UP

- Adults who have **not been vaccinated** or **do not have evidence of immunity** should receive **at least one dose** of MMR.
 - Evidence of immunity may include **people born before 1957** or with **laboratory evidence of immunity**.
- Certain **high-risk groups** (such as healthcare workers, international travelers, and college students) **may need two doses, given at least 28 days apart**.

NOT RECOMMENDED:

- If you have a **history of immunodeficiency**.
- If you are **currently pregnant**.

Consult your doctor to learn if the MMR is right for you.

EFFECTIVENESS:

- **1 dose MMR:**
 - Measles - **93%**
 - Mumps - **78%**
 - Rubella - **97%**
- **2 doses MMR:**
 - Measles - **97%**
 - Mumps - **88%**
 - Rubella - **97%**



CLAY COUNTY

PUBLIC HEALTH CENTER

