



CLAY COUNTY

PUBLIC HEALTH CENTER



1/12/2024

Measles Exposure

The Clay County Public Health Center was notified of a confirmed case of measles in a Liberty, Missouri resident who was at the Kansas City International Airport on Thursday, January 4 and North Kansas City Hospital from January 5–6.

Potential measles exposures include:

- **Anyone in Terminal B, general concourse or baggage claim on the evening of January 4, 6:15 pm – 9:00 pm. Health officials are contacting potentially exposed passengers of the specific flight**
- **North Kansas City Hospital Emergency Department waiting area/patient processing/observation on 1/5/24 from 8:26 am to 4:15 pm**
- **North Kansas City Hospital 2nd Floor Admission Unit on 1/5/24 from 2:15 to 8:30 pm**
- **North Kansas City Hospital 8th Floor Pavilion Medical & Surgical Patient Unit on 1/5/24 from 6:30 pm to 1/6/24 8:30 pm**

However, if you are up to date on your Measles, Mumps and Rubella (MMR) vaccine, your risk of getting sick is very low. The best way to prevent measles is to get your MMR vaccination. Those not vaccinated or infants under the age of 1 who are too young to be vaccinated are at the highest risk for contracting measles.

Anyone who was exposed should watch for symptoms of measles until January 27. The symptoms of measles generally include a rash that appears 7-21 days after exposure. Measles symptoms typically begins with:

- A high fever
- Cough
- Runny nose
- Red, watery eyes

Three to five days after symptoms begin, a rash starts to appear. The rash usually looks like flat red spots that break out first on the face, near the hairline, and spread downward to the neck, trunk, arms, legs and feet.

We are urging people who are ill or exhibiting measles-like symptoms to stay at home unless they are seeking medical care. **Before visiting a healthcare provider, call ahead and let the provider know of the measles exposure so that steps can be taken to protect other patients and staff.**

Measles is a highly infectious respiratory disease caused by a virus. Measles is spread through the air by breathing, coughing or sneezing. Measles can be spread to others from four days before to four days after the rash appears. **Measles cannot be spread to others by people who do not have the disease.**

For more information about measles, please visit
<https://www.cdc.gov/measles/about/faqs.html>

To report a measles case, please call the County Public Health Center at number (816) 476-4120. If you have questions about your potential exposure at North Kansas City Hospital, please contact NKCH's Infection Prevention Department at (816) 691-5153.